

## Remember the Rs

## COMPOST! COMPOST! COMPOST!



- *Refuse* – As much as possible, indicate to others your preference such as not accepting a plastic bag for something you buy at the store. Also 'refuse' to buy products that are imported and buy local, organic products instead. They are better for your health and the environment.
- *Reduce* - Cut down on the amount of waste you produce everyday. Composting is a great way to use kitchen and yard waste to produce a useful product (compost) which can be used to fertilize our garden soil.
- *Reuse* - We can sometimes make use of items for a longer period of time and for other purposes than they were initially intended, for example reuse cardboard boxes to store items such as toys, books, decorations, etc.
- **Recycle** - Recycling is different from reusing, as it involves the breakdown of a material to make something completely new. For example, cardboard is recycled to make paper and plastic bottles are recycled to make bags or other plastic products.

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## WASTE MANAGEMENT & YOU

# WASTE - ALL AROUND US!



Waste means any garbage, refuse, sludge and other discarded materials, including solid, liquid, semi-solid or contained gaseous materials.

Waste is a fact of life and is continuously being generated on a daily basis.

The health of our environment is often a good indicator of our own health. Waste management, if not effective, can destroy the environment and increase environmental health problems.

## SOURCES OF WASTE

- Household waste is generally classified as Municipal waste
- Industrial waste
- Biomedical waste
- Construction waste
- Agricultural waste
- Commercial waste
- Institutional waste

## WHY MANAGE YOUR WASTE?

The amount of waste generated from our everyday activities can be mind-boggling. This makes waste management very important, especially in urban areas where more people, businesses and industries are concentrated.

We must manage our waste in an efficient manner if we are to have a safe and healthy environment!

Remember - THINK GLOBALLY and ACT LOCALLY! The entire human race shares the same home—the Earth!

## SOLID WASTE MANAGEMENT

Solid waste management is the systematic control of the generation, collection, storage, transport, source separation, processing, treatment, recovery and disposal of solid waste.

Management of solid waste reduces or eliminates negative impacts on the environment and human health ; supports economic development and improve the quality of life.

